

September 8, 2014

Deputy Superintendent
Vending Machines

To: All Staff

From: Linda T. Wise, Deputy Superintendent

All school vending machines must include only items that meet the Institute of Medicine Tier Two Standards. These guidelines permit the sale of snacks and beverages at the high school level only. Vending machines may not be operable until 30 minutes after student dismissal.

Please ensure your vendor is now adhering to these guidelines. For those of you who are currently in the process of renegotiating or renewing vending machine contracts for next year, these guidelines must be enforced. All vending machines, except those operated by the School Food and Nutrition Service Department, shall have and use a timing device to automatically prohibit access to the vending machines from 12:01 a.m. until thirty minutes after student dismissal.

Tier 2 for High School Students After School

Tier 2 snack foods are those that do not exceed 200 calories per portion as packaged and:

- No more than 35 percent of total calories from fat
- Less than 10 percent of total calories from saturated fats
- Zero trans fat (0.5 g per portion)
- 35 percent or less of calories from total sugars
- Sodium content of 200 mg or less per portion as packaged

Tier 2 beverages are:

- Non caffeinated, non-fortified beverages with less than 5 calories per portion as packaged (with or without non nutritive sweeteners, carbonation, or flavoring)

LW/FE/lm