

THE HOWARD COUNTY PUBLIC SCHOOL SYSTEM  
10910 Clarksville Pike  
Ellicott City, MD 21042

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Deputy Superintendent

Guidelines for Foods & Beverages Made Available to Students

To: All Staff

From: Linda T. Wise, Deputy Superintendent

Please be informed that in Policy 9090 Wellness Through Nutrition and Physical Activity, “The Board of Education recognizes that good health fosters student attendance and education and that students need nourishing foods and physical activity in order to grow, learn, and thrive.”

The following apply to all foods and beverages made available to students in schools or through school-sponsored events during the school day.

- Schools are encouraged to consider wellness issues and student allergies when planning incentive and promotional activities.
- Foods and beverages should not be consumed as an educational tool except as defined in the curriculum for Family and Consumer Science, Academic Life Skills (ALS), and when indicated in a student’s IEP.
- Foods and beverages will not be offered as a reward and will not be withheld as a punishment.
- School celebrations involving foods and beverages may be permitted by the principal no more than once per month after the end of the last lunch period and will comply with IOM Nutrition Standards. Schools are encouraged to develop alternatives to the use of foods and beverages for celebrations.

LW/FE/lm